## Puri Mas Beachfront Restaurant

VEGAN, VEGETARIAN \& GLUTEN FREE MENU
APPETIZERS
Spices Quinoa Salad (V)(VO) 70
with roast pumpkin, avocado, red paprika, red onion, tomato, black bean and spices lemon dip

Vietnamese Fresh Spring Roll (V)(VO) 65
fresh vegetables rice paper roll with peanut dipping
The Middle East Platter (VO) 70
chick peas hummus, baba ghanoush served with feta cheese, olives and pita bread
$(V)$ option, without feta cheese ( $G$ ) option, without pita bread
Beetroot Carpaccio (V)(VO)(G) 65
thinly sliced raw beetroot with balsamic and olive oil dressing, finishing with cream of beetroot with peanut

BREAD TALK
Mexican Wrap (V)(VO) 80
tortilla, crispy tempeh, sweet corn, bell pepper, tomato, lettuce served with guacamole, tomato salsa and homemade sour cream
(V) option, without homemade sour cream

Tofu Bao Burger (VO) 80
crispy tofu with bao bun, green papaya slow, chilli mayo and sweet potato fries (V) option tofu no fried change with grilled method and without chilli mayo change with vegan chilli mayo

Chick Peas Falafel (V)(VO)(G) $\mathbf{8 0}$
served with fresh salad and vegan lemon garlic cream sauce

## MAIN COURSE

## Homemade Pappardelle Pasta (VO) 95

with pomodorro, cherry tomato, cheddar cheese and basil
Indian Vegetables Curry (VO) 90
Indian-style preparation of tomato and onion masala served with naan bread \& basmati rice
$(V)(G)$ option, without naan bread change with basmati rice
(V) Vegan option (G) Gluten free option (VO) Vegetarian option

## Dal Makhani (VO) 90

yellow lentil with Indian tomato cream served with naan bread and basmati rice (V)option, without cream $\mathcal{E}$ naan bread change with coconut milk $\mathcal{E}$ basmati rice
$(G)$ option, without naan bread change with basmati rice
Dubu Jorim (V)(VO) 70
Korean braised tofu with bok coy served with steamed rice and toasted sesame seed
(G) option, without soya sauce

Nasi Goreng (VO)(G) 65
stir-fried rice and vegetables served with fried tempeh \& tofu, egg sunny set up and melinjo
(V) option, without egg sunny set up

Laksa Sayuran (V)(VO) 75
coconut broth with fried tofu, mushroom, bean sprout and coriander leaf served with rice noodle
$(G)$ option, without rice noodle change with steamed rice
Pad Thai(V)(VO) 85
Thai style stir-fried rice noodles with tofu, bean sprout, spring onion, sweet chilli and tamarind sauce served with roast peanut, vegetables pickle

FOR THE KID GLUTEN FREE

Fish and Chips (G) 65
battered of three pieces fillet of fish, fries and tomato ketchup
Chicken Nugget (G) 65
chicken breast coating with dry coconut, small salad, fries and tartar sauce
Macaroni Beef Bolognese (G) 65
with beef Bolognese served parmesan cheese
Vegetables Or Chicken Vegetables Clear Soup (G) 65
broccoli, cauli flower, carrot, sweet corn, green bean, tomato and celery with steamed rice

## DESSERTS

## Ginger Crème Brule (VO) 65

with tuile biscuit, berries sauce and vanilla ice cream

Energy Ball(V)(VO) 50
Date, peanut butter and cocoa powder

## Chocolate Sweet Potato Brownie (V)(VO) 65

Served with berries sauce and coral wafer

Coconut Panna Cotta (V)(VO)(G) 55
served with fresh fruit
(V) Vegan option (G) Gluten free option (VO) Vegetarian option

